



Free class handout

Chapter 17

Sports and healthy living



Positive English page 188 – **Avoid a Dose of Bad Luck** (sample letter)

4 July, 2020

Dear Jack,

You asked my help to find a hobby. I've read an article in a bicycle club's newsletter and I think joining a bicycle club could be great.

You work in an office and sit all the time. It is important to go out and do exercises in order to stay strong and healthy. Cycling is great for that.

When you ride with other members of a club, you can help each other. You can learn some skills and etiquette from experienced riders. Riding on your own or without knowing the rules can be dangerous.

So why not find a local bicycle club? You will have to ask for details. Check out if the time of club activities suits you. Ask about the fees and the average age of the members. You don't want to ride together with people who are a lot older.

I want to join a bicycle club too. Lately I put on a little extra weight and cycling could help me become more fit.

Please let me know if you like my idea.

Yours,

Jill

(176 words)

*Legtöbb kiadványunkhoz találsz beolvasót, mintafejezetet. <http://angolsuli.com/kiado/index2.html>
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